

Diabetes Care Management Program

Chorus Community Health Plans (CCHP) uses clinical guidelines to support members with tools and education through our Diabetes Care Management Program.

Our care team uses an integrated approach to provide education, self-management support and connection to resources. We strive to enhance members' ability to manage their condition(s) and improve overall health outcomes and quality of life.

Participating in the Program

This program is free and voluntary to members 18 and over with type 1 or type 2 diabetes. Members will work one-on-one by phone with one of our nurse care managers to help manage their diabetes and reach health goals.

Program Incentives

Participants can earn incentive points for managing diabetes. These points can be redeemed for gift cards to several retailers. Our goal is to help members develop a better understanding of the activities they should do on a regular basis to monitor health and improve diabetes management skills. For more details on incentives, visit our website.

Diabetes Resources

Nutrition

CCHP partners with Foodsmart to offer our members a free nutrition program to help make healthier eating choices. Foodsmart offers nutrition tips based on food preferences, healthy recipes and meal planning on a budget.

Through Foodsmart, members can:

- Schedule visits (via phone or video) with a Foodsmart registered dietitian
- Save money on food with grocery planning and delivery tools
- Browse 1000s of delicious and healthy recipes
- Learn how to better manage their health and any chronic conditions

Visit chorushealthplans.org/foodsmart to learn more.

Other Resources

For more resources and management tips, visit our website at chorushealthplans.org/diabetes.

Contact Us

Want to learn more about our Diabetes Program or interested in participating? Let us know!



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chorushealthplans.org/diabetes



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COMMUNITY HEALTH PLANS