

# Children's Hospital and Health System Children's Community Health Plan Policy and Procedure

This policy applies to the following entity(s):

- |  |  |
|--|--|
| <input type="checkbox"/> CHW – Milwaukee                         | <input type="checkbox"/> CHW - Fox Valley                            |
| <input type="checkbox"/> CHHS Foundation                         | <input type="checkbox"/> CHW - Surgicenter                           |
| <input type="checkbox"/> CHW – Community Services Division       | <input checked="" type="checkbox"/> Children's Community Health Plan |
| <input type="checkbox"/> Children's Medical Group - Primary Care | <input type="checkbox"/> Children's Specialty Group                  |
| <input type="checkbox"/> Children's Medical Group - Urgent Care  | <input type="checkbox"/> CHHS Corporate Departments                  |

## Medical Utilization Management Policy

### SUBJECT: CUSTOM FOOT ORTHOTICS

#### INCLUDED PRODUCT(S):

##### Medicaid

BadgerCare Plus

Care4Kids Program

##### Commercial

Together with CCHP

##### Marketplace

Together with CCHP

#### PURPOSE OR DESCRIPTION:

The purpose of this policy is to define criteria for the medically necessary use of Custom Foot Orthotics (CFO).

#### POLICY

Appropriate uses of Custom Foot Orthotics include:

There is arch, heel, or other foot pain and diagnosis of:

1. Juvenile idiopathic arthritis
2. Pes cavus (high arch)
3. Other, including plantar fasciitis and pes planus:
  - a. Symptoms present for at least 3 months
  - b. Conservative measures have been tried first, as indicated by one of the following :
    - i. Physical therapy
    - ii. Trial of prefabricated orthotics

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- iii. Trial of anti-inflammatory medications
- iv. Adjustment of activities
- c. Member has been evaluated by the prescribing provider AFTER the conservative measure(s) has been tried and the ongoing need for the CFOs are documented

For replacement CFOs:

- 1. At least 12 months since last CFO dispensed, AND
  - a. Documentation the initial CFO is worn out or too small if member is a growing child, AND one of the below:
    - i. Initial CFO was effective and member was using
    - ii. Member re-evaluated by a prescribing provider and ongoing need documented.

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