



Thank you for choosing to complete your child's lab tests with this at-home lab kit. The lab tests completed with this kit will measure how much glucose (sugar) and cholesterol (fat-like substances) is in your child's blood. Chorus Community Health Plans (CCHP) is pleased to be working with Quest Diagnostics to provide these kits to our members. This kit is provided at **no cost** to CCHP members.

Please follow the enclosed instructions to make sure your child's blood sample is collected correctly. To see a video of how to collect your child's blood sample, please visit **www.chorushealthplans.org/labkit**.

Your child **does not need** to change their diet before the blood sample is collected. This means they can eat and drink normally before their blood sample is collected. Your child **should** drink at least one glass of water (at least 8 ounces) 30 minutes before their blood sample is collected.

The materials in this kit can only be used for the person whose name appears on the Test Request form. If another person's blood sample is used for these lab tests, the tests will be Invalid, and results will not be reported.

Once you return your child's blood sample to Quest Diagnostics, it will take 7-10 days for the results to be available. A copy of the results will be faxed to your child's doctor once they are available. If you need help contacting your child's doctor for the results, please contact CCHP by phone.

If you have any questions regarding this at-home lab kit, please contact CCHP by phone at 1-877-227-1142. CCHP's phone lines are open Monday-Friday, 8am-5pm.

Thank you,

Quest Diagnostics