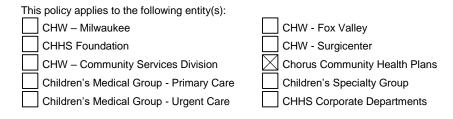
# Children's Hospital and Health System Chorus Community Health Plans Policy and Procedure



# **Medical Utilization Management Policy**

# SUBJECT: FACET JOINT INJECTIONS (A.K.A. MEDIAL BRANCH BLOCKS)

## INCLUDED PRODUCT(S):

Medicaid	Individual & Family
BadgerCare Plus	Commercial
🛛 Care4Kids Program	🛛 Marketplace

## **PURPOSE OR DESCRIPTION:**

The purpose of this policy is to define criteria for the medically necessary use of facet joint injections for cervical and lumbar spinal pain. These injections are typically used as a trial procedure to determine if a therapeutic benefit is likely from a facet neurotomy by radiofrequency nerve ablation done at the same level.

## POLICY:

Facet joint injection (also known as medial branch block) may be indicated when **ALL** of the following are present:

1. Diagnostic medial branch nerve block is needed to confirm facet joint as source of spinal pain.

- 2. Patient is a candidate for facet neurotomy (a.k.a. radiofrequency facet joint ablations, RFAs) as indicated by **ALL** of the following:
  - a. Chronic spinal pain (at least 3 months' duration) originating from **1 or more** of the following:
    - i. Neck (eg, following whiplash injury)
    - ii. Low back
  - b. Failure of 3 months or more of nonoperative management, as indicated by **ONE** of the following:
    - i. Exercise program
    - ii. Pharmacotherapy
    - iii. Physical therapy or spinal manipulation therapy
  - c. Imaging studies and physical examination have ruled out other causes of spinal pain (eg, herniated disk, spinal stenosis, fracture, tumor).
  - d. When there has been one or more prior facet neurotomies in the same region (cervical or lumbar) and side (right or left):
    - i. The most recent prior RFA in the same region and side must be at least six months prior to the first MBB testing for any repeat RFA.
  - e. No coagulopathy (no current use of anticoagulants or antiplatelet therapy is not a criteria)
  - f. No current infection

## **REFERENCES:**

- 1. MCG Guideline A-O695 (AC) Facet Joint Injection; MCG Health Ambulatory Care 23rd Edition. Copyright © 2019 MCG Health, LLC
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- 3. Manchikanti L, Singh V, Falco FJ, Cash KM, Fellows B. Cervical medial branch blocks for chronic cervical facet joint pain: a randomized, double-blind, controlled trial with one-year follow-up. Spine 2008;33(17):1813-20. DOI: 10.1097/BRS.0b013e31817b8f88.
- 4. Kirpalani D, Mitra R. Cervical facet joint dysfunction: a review. Archives of Physical Medicine and Rehabilitation 2008;89(4):770-4. DOI: 10.1016/j.apmr.2007.11.028.
- 5. Facet Joint Injection ACG: A-0695(AC), MCG Health; CareWebQI Version: 9.2, Content Version: 21.1, 2017 MCG Health, LLC ;