



Taking steps towards a healthier you.

At no additional cost to you, Chorus Community Health Plans has partnered with Welldoc to offer the BlueStar app as part of your daily diabetes care.



Don't let diabetes stop you from reaching your health goals. Get BlueStar now!

Scan this QR code to download the BlueStar Diabetes app.

You can also download the "BlueStar Diabetes" app from the iTunes App Store or Google Play Store. Enter access code: **CCHPCARE** to complete registration.



Introducing BlueStar.



BlueStar gives suggestions and help you eat healthy.



BlueStar puts all of your data in one place.



Learn how your body responds to exercise and keep glucose and insulin in a safe range.



Problem solve sleep issues with BlueStar's feedback.



With medication reminders feel more confident about doses.



Share your progress with your care team with easy reporting.

Personalizing BlueStar.

Set yourself up for success.

1 ADD MEDICATIONS

BlueStar provides coaching that matches your treatment plan.



Automatically Import Medications

Sync with your pharmacy or patient portal

or



Manually Enter Your Medications

Enter easily by hand

Go to: More > Medication > Import Medications
Or go to: More > Medication > Create/Update Medication List

2 SHARE PROGRESS

Connect with your healthcare provider with easy reporting.



SMART Visit Report

Share progress with your care team

Go to: More > Health Information > SMART Visit Report. Add doctor's name and contact information. Schedule a report to be sent every 30 days.

3 CONNECT DEVICES

Understand how your blood glucose and activity affects your diabetes.



Sync your blood glucose meter

Automatically adds BGs to your logbook

or



Sync your activity tracker

Automatically adds activity to your logbook

Go to: More > Connections & Devices > Glucose Meter
Go to: Connections & Devices > Health and Fitness Trackers

4 ADJUST SETTINGS

So BlueStar is more in sync with you.

Go to: More > Settings > My Daily Schedule
Go to: More > Settings > My Preferences > Language
Go to: More > Settings > My Preferences > Marketing Emails and Product Emails

You're all set, let's get started!

BlueStar is indicated for use by patients aged 18 and older who have type 1 or type 2 diabetes and their health care providers. BlueStar is not intended to replace the care provided by a licensed health care professional. BlueStar should not be used by patients with gestational diabetes or patients using an insulin pump. Contact Welldoc for complete labelling. The privacy and security of your personal information is very important to us. We protect it in accordance with the Health Insurance Portability and Accountability Act.

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