Children's Hospital and Health System Chorus Community Health Plans Policy and Procedure



Medical Utilization Management Policy

SUBJECT: CRANIAL ORTHOTIC DEVICES (MOLDING HELMETS) FOR BRACHYCEPHALY

INCLUDED PRODUCT(S):

Medicaid	Individual and Family
⊠ BadgerCare Plus	🛛 Commercial

Care4Kids Program

Marketplace

PURPOSE OR DESCRIPTION:

Brachycephaly is defined as a cephalic index greater than 2 standard deviations from age- and gender-based norms, where the index is calculated as:

Cephalic index = $\frac{\text{Head width (eu - eu) x 100}}{\text{Head length (g - op)}}$



Effective: 3/14 Reviewed: 4/18 Revised: 10/21 Q:\CCHP Leadership\Utilization Management Medical Policies\APPROVED MEDICAL UM POLICIES\Cranial Orthotic Devices for Brachycephaly Medical UM Policy Developed by: CCHP Medical Director and Director Health Plan Clinical Services

POLICY:

There is insufficient evidence in the medical literature that treatment of positional brachiocephaly with cranial orthotics normalizes head shape. Nor is there evidence that any improvements in head shape that do occur result in anything beyond cosmetic differences. That is, there is no evidence that treatment results in improved clinical or functional outcomes. Therefore Chorus Community Health Plans does not consider treatment of positional brachiocephaly medically necessary.

REFERENCES:

Renske M van Wijk, Leo A van Vlimmeren, Catharina G M Groothuis-Oudshoorn, Catharina P B Van der Ploeg, Maarten J IJzerman, Magda M Boere-Boonekamp. Helmet therapy in infants with positional skull deformation: randomised controlled trial. *BMJ 2014;348:g2741*

J.F. Teichgraeber, K. Seymour-Dempsey, J.E. Baumgartner, J.J. Xia, A.L. Waller, J. Gateno. Molding helmet therapy in the treatment of brachycephaly and plagiocephaly. J Craniofac Surg, 15 (2004), p. 118.